# 4-H Shooting Sports



Shotgun Projects
Trap
Skeet

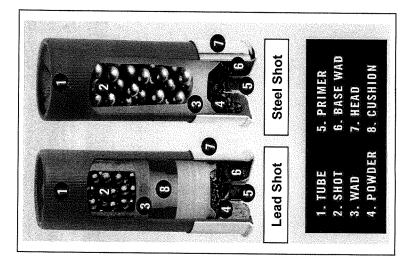
# **Shotgun Supplies**

### Supplies you will need now include:

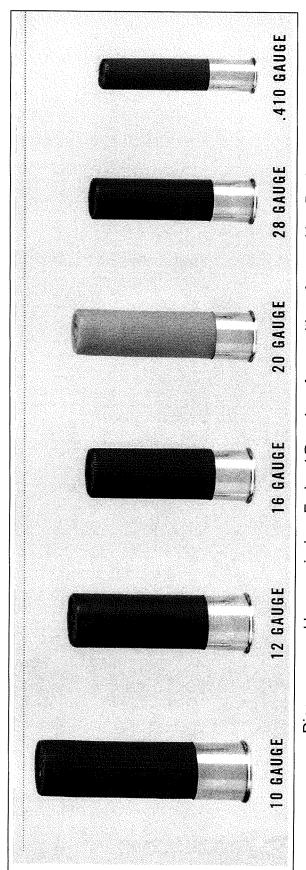
- A container to keep shotgun equipment in small tackle box
- Safety glasses
- Shell bag or pouch
- Vest (optional)
- Pencil
- Pad of paper to make notes on (Shooter's Log)

## When it is time to get your own equipment add:

- Gun
- Gun case
- Ammunition, transport separate form your shotgun NOTE: It is illegal to transport your ammo in the same case you transport your shotgun.
- Choke Tube tool, if needed
- Empty Chamber Indicator (Optional)
- Shotgun cleaning rod
- Cleaning supplies (cotton patches, cotton cloth, oil, solvent, tooth brush)



# Shotgun Ammunition Components & Sizes



Diagrams used by permission, Federal Premium Ammunition, Ammunition Basics

# **Safety Rules**

# YOU alone are responsible for gun safety!

### **RULES FOR SAFE GUN HANDLING**

1. Always keep the gun pointed in a safe direction.

(NOTE: This rule is considered the "GOLDEN RULE".)

- 2. Always keep the gun unloaded until ready to use.
- 3. Always keep your finger off the trigger until ready to shoot.

### **RULES FOR SAFE RIFLE USE AND STORAGE**

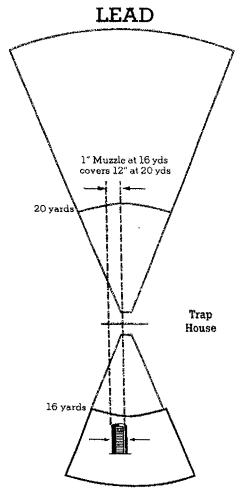
- 1. Know your target and what is beyond.
- 2. Know how to safely use the gun.
- 3. Be sure the gun is safe to operate.
- 4. Use only the correct ammunition for your gun.
- 5. Wear eye and ear protection as appropriate.
- Never use alcohol or drugs before or while shooting.
- 7. Store guns so they are not accessible to unauthorized persons.

Be aware that certain types of guns and many shooting activities require additional safety precautions not listed above.

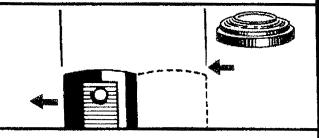
The first thing you should do when arriving at a new shooting range is to learn the range rules for that range.

### ASK: Attitude - Skill - Knowledge

It is important to have the proper **ATTITUDE**, develop the **skills** and gain the necessary **knowledge** to be a safe shooter. Each shooter must be in control of his/her emotions and actions at all times.



A 12 gauge gun muzzle is approximately one inch in diameter, and when your gun is mounted, is about 36 inches from your eye. When you are standing on the 16 yard line, and therefore 35 or 36 yards from the average target breaking point, the gun muzzle covers a space of 12 inches at that distance.



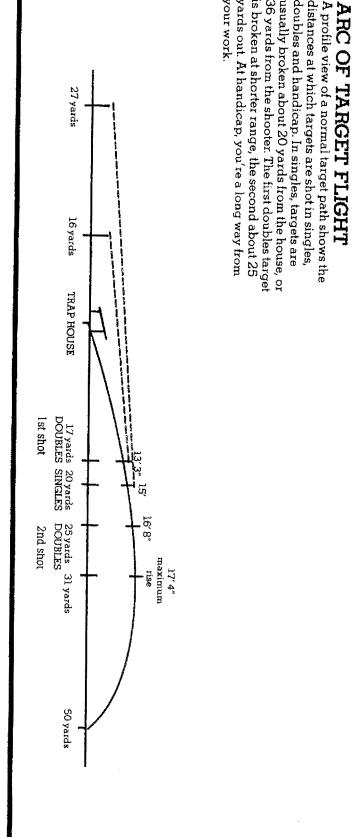
### SIGHT PICTURE

When a 24 inch lead is called for, your sight picture would be two gun muzzles ahead of the target.

### FOLLOW THROUGH

A stopped gun is probably a lost target. Keep your swing smooth and follow through after the trigger is pulled on every target.

A profile view of a normal target path shows the distances at which targets are shot in singles, doubles and handicap. In singles, targets are usually broken about 20 yards from the house, or 36 yards from the shooter. The first doubles target is broken at shorter range, the second about 25 yards out. At handicap, you're a long way from your work.



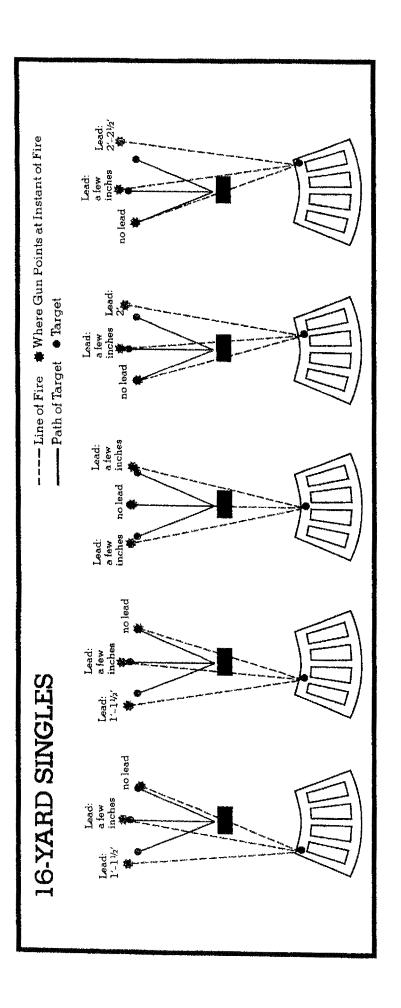
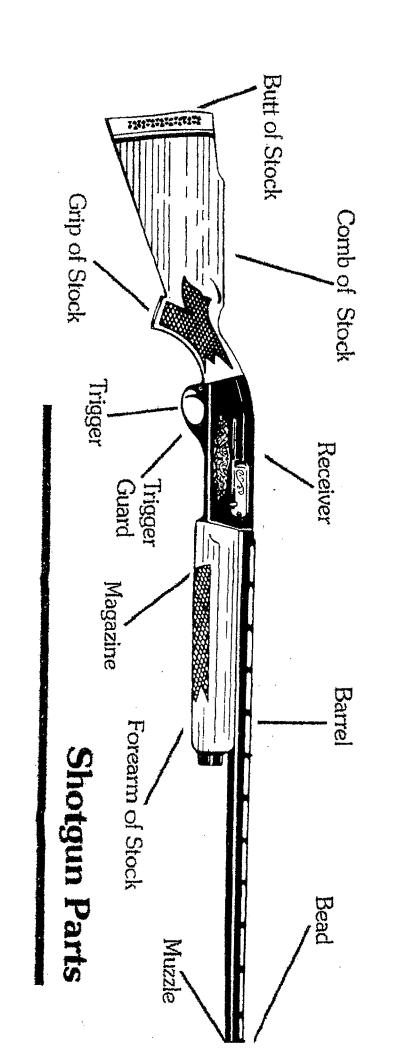


Diagram used by permission, "from the Remington Arms Artwork Collection."



# Sanilac County 4-H Shooting Sports Guidelines Use 4-H Shooting Sports Shotgun Manual as guide to teach requirements.

	Beginners	Intermediate/Advance		
Safe Gun Handling Rules	Memorize 3 "Always" Rules.	Memorize all 10 NRA Safe Gun Handling Rules and be able to explain the importance of each.		
Parts of the Shotgun	Know: (Be able to point out.) Stock Trigger Butt of Stock Trigger Guard Forearm Rear Bead Comb of stock Front Bead	Know all parts previously listed and their function.  Add: Chamber Action Release Bolt/breech block Magazine Choke Receiver		
Types of Shotgun Actions	Small of stock (pistol grip)   Barrel   Safety (mechanical device)   Muzzle   Introduce types of actions they will be	Know all action types and their function.		
J. J	using - Break, Pump, Semi-Auto, Bolt			
Ammunition Basics	Know how they can be sure they are using the correct ammo. Know how to handle malfunctions.  Check correct ammunition:  Box label Barrel Barrel Head Stamp	Know how they can be sure they are using the correct ammo in all types of guns.  Know components of shotgun ammunition.  Components: Tube Primer Wad Powder Shot Base Wad Head Cushion Know firing sequence.		
	Shot Size, etc.	Know how to safely handle a hang fire & misfire.		
Types of Bead Sights, Barrelribs & their uses.	Introduce all types of sights & barrel ribs.	and their uses.		
Dominate Eye	Know how to determine their dominate eye and what their dominate eye is - R or L.  Introduce why they use their dominate eye.	Know how to determine, what their dominate eye is and why it is important to use it.		
Safe Gun Handling	Show they can confidently handle a	Continue		
Practical Exercise	shotgun in a safe manner at all times; using the proper attitude.			
Transporting Firearms	Know and demonstrate they can properly transport firearms safely.	Continue		
Shooting Fundamental I	Requirements			
Range Safety Rules	Know importance of eye & ear protection.	Continue		
Basic Range Commands	Know Terms:  Cease Fire & Commence Firing	Continue		
	Know who can call them.  Demonstrate that they can follow them.	Know Trap Field Commands. Know Skeet Field Commands.		
Know the Six Fundamentals of Shotgun	<ol> <li>Stance</li> <li>Gun Ready</li> <li>Mounting the Shotgun</li> <li>Swing to Target</li> <li>Trigger Pull</li> <li>Follow Through</li> </ol>	Continue developing.		
Pointing the Shotgun	Introduce 'Point & Follow' clay target. With finger on hand opposite of dominate eye and an empty, unloaded gun; point and follow target.	Continue		
Hitting the Clay Target	Introduce the importance of stock placement on shoulder and keeping cheel on stock.	Know how to adjust correctly.		
Shooter's Log	Learn how to keep and the importance	Continue developing.		
Shooter a Log	of using a shooter's log.			

### Sanilac County 4-H Shooting Sports

**Annual Shotgun Project Participation Form** 

Shooter's Name:	4-H Age	Beg. Jr. Sr.
4-H Club Name:	Date Started	Course:
Certified Shotgun Instructor's Name:	Phone:	
Equipment Used:		

Shotgun Knowledge Requirements	Completion Date	Shooter's Initials	Instructor's Initials	Comments
Safe Gun Handling Rules				
(Any time a gun is handled.)				
Parts of the Shotgun				
and their functions				
Types of Shotgun Actions				
& their operations				
Ammunition Basics				
Types of Sights				
& their uses				
Dominate Eye Exercise				Left/Right (Circle One)
Transporting Firearms				
Safe Gun Handling		1	1	
Practical Exercise				
Shotgun Knowledge			Certified 4-H SI	nooting Sports Instructor Signature:
Verification				

Shooting Fundamental Requirements	Completion Date	Shooter's Initials	Instructor's Initials	Comments
Range Safety Rules (Eye & ear protection)				
Basic Range Commands (Used to control range)				
Six Fundamentals of Shotgun				
Point & Follow Exercise				
Proper Stock & Cheek Placement				
Shooter's Log				
Self Control				
Shooting Fundamental			Certified 4-H S	Shooting Sports Instructor Signature:
Verification				

This form must be completed and signed by a Michigan 4-H Shooting Sports "Certified Shotgun Instructor". The instructor must be registered with the Sanilac County 4-H Office. Completed forms must be presented to fair registrar each year.

By signing this form the instructor is verifying that the above named shooter has successfully completed the "4-H Basic Shotgun Course" as outlined in the National 4-H Shooting Sports Curriculum and the training provided has been in compliance with the Michigan 4-H Shooting Sports Program "Safety Practices and Policies" document.